

NSVI LIMB SALVAGE PROGRAM

A new protocol for better detection and more timely treatment of lower extremity peripheral artery disease



Despite its prevalence, PAD is underdiagnosed, undertreated and “underappreciated” in the United States, according to the American Heart Association.

- Lower extremity PAD affects up to 20% of Americans 60 years of age and older¹
- Significant risk factors include hyperlipidemia, hypertension, diabetes mellitus, chronic kidney disease and smoking; the presence of 3 or more of these risk factors presents a 10X increase in PAD risk
- Only about 10% of patients experience intermittent claudication, and any type of leg symptoms are only present in about 50% of patients
- There has been a shift away from open surgical revascularization toward percutaneous endovascular therapy as a first treatment option²



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OF AMERICANS OVER
60 HAVE PAD!¹

ONLY 10% OF PATIENTS EXPERIENCE
INTERMITTENT **CLAUDICATION** AND **LEG
SYMPTOMS** ARE ONLY PRESENT IN ABOUT
50% OF PATIENTS



3 OR MORE OF
SIGNIFICANT RISK
FACTORS PRESENTS
**10X INCREASE IN
PAD RISK**

1. Roger VL, Go AS, Lloyd-Jones DM, et al. Heart Disease and Stroke Statistics 2011 Update: A Report From the American Heart Association. Circulation 2011;123:e18-e209

2. Arun K, Thukkani and Scott Kinlay. Endovascular Intervention for Peripheral Artery Disease Circ Res. 2015 Apr 24; 116(9): 1599-1613.



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NORTH STAR
VASCULAR & INTERVENTIONAL

Early detection saves limbs... and saves lives

The vascular and interventional radiology specialists at North Star Vascular & Interventional are Minnesota's foremost experts on PAD and limb salvage. Their contributions and skills are making an immeasurable difference to patients in the region.

Their experience—and the experience of vascular surgeons throughout the United States—has shown that the earlier PAD is detected, the greater the number of treatment options available, and the greater the likelihood of those treatments being successful. But with the majority of patients not exhibiting any kind of symptoms, how do we as clinicians accurately identify at-risk patient populations?

The following is a new suggested protocol for physicians to aid in the early detection of PAD, as well as the ideal point in which to refer the patient for further testing/evaluation by a vascular/interventional radiology specialist.

Patient has one or more of the following risk factors:

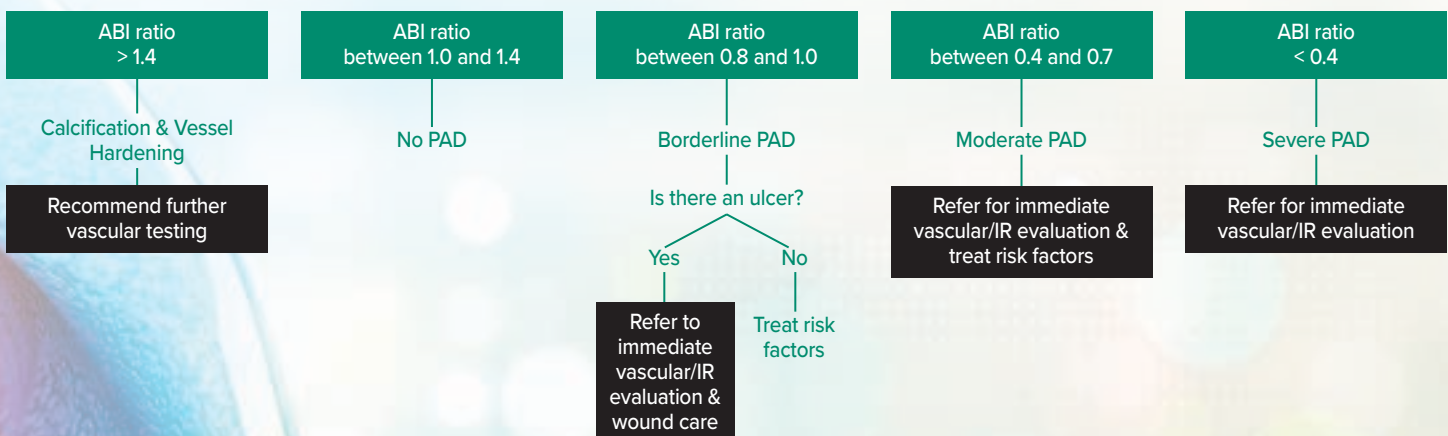
- History of tobacco use
- Diabetes mellitus
- Hypertension
- Chronic kidney disease
- High cholesterol
- Atherosclerosis
- Over 60 years of age

OR

One or more of the following symptoms:

- Leg numbness, weakness or “burning” feeling
- Intermittent claudication
- Coldness in the lower leg or foot
- Sores or wounds on the toes, feet or legs that won't heal or heal too slowly
- Loss of hair on the lower legs

Proceed to ABI Test



For more information, or to consult with us about a patient, please call

952-960-9399

