



# Chronic Hemorrhoids **TREATMENT OPTIONS**



When hemorrhoids do not go away on their own or with topical treatments, and they last for more than a couple of weeks, you may want to consider a hemorrhoid treatment. Chronic hemorrhoids can lead to bleeding, anemia, infection, blood clots and other problems. You can also learn more by visiting [northstarir.com/HAE](http://northstarir.com/HAE).

**To treat chronic internal grade 1, 2 or 3 hemorrhoids, the following options are available:**

Treatment	Greater than 90% effective?	Minimally invasive?	Outpatient procedure?	Pain-free recovery?	Suitable for patients taking anticoagulation medication?	Suitable for immunocompromised patients?	Prevents hemorrhoids from returning? (<5% recurrence)
<b>Hemorrhoidectomy</b> A surgical procedure to remove the hemorrhoids.	✓	✗	✗	✗	✗	✗	✗
<b>Stapled hemorrhoidopexy</b> A surgical procedure to remove hemorrhoids using a stapling device.	✗	✗	✗	✗	✓	✓	✗
<b>Rubber band ligation</b> A less invasive procedure that places a band around the hemorrhoid to cut off its blood supply.	✗	✗	✓	✗	✗	✗	✗
<b>Sclerotherapy</b> A minimally invasive procedure that injects a chemical solution into the area around the hemorrhoid.	✗	✓	✓	✓	✓	✓	✓
<b>Hemorrhoidal artery embolization</b> A minimally invasive procedure that cuts off the blood supply to the hemorrhoid.	✓	✓	✓	✓	✓	✓	✓