



Chronic Hemorrhoids

TREATMENT OPTIONS



When hemorrhoids do not go away on their own or with topical treatments, and they last for more than a couple of weeks, you may want to consider a hemorrhoid treatment. Chronic hemorrhoids can lead to bleeding, anemia, infection, blood clots and other problems. You can also learn more by visiting northstarir.com/HAE.

To treat chronic internal grade 1, 2 or 3 hemorrhoids, the following options are available:

Treatment	Greater than 90% effective?	Minimally invasive?	Outpatient procedure?	Pain-free recovery?	Suitable for patients taking anti-coagulation medication?	Suitable for immunocompromised patients?	Prevents hemorrhoids from returning? (<5% recurrence)
Hemorrhoidectomy A surgical procedure to remove the hemorrhoids.	✓	✗	✗	✗	✗	✗	✗
Stapled hemorrhoidopexy A surgical procedure to remove hemorrhoids using a stapling device.	✗	✗	✗	✗	✓	✓	✗
Rubber band ligation A less invasive procedure that places a band around the hemorrhoid to cut off its blood supply.	✗	✗	✓	✗	✗	✗	✗
Sclerotherapy A minimally invasive procedure that injects a chemical solution into the area around the hemorrhoid.	✗	✓	✓	✓	✓	✓	✓
Hemorrhoidal artery embolization A minimally invasive procedure that cuts off the blood supply to the hemorrhoid.	✓	✓	✓	✓	✓	✓	✓