

# UTERINE FIBROIDS: What Are My Options?



This useful guide can help you understand the various treatments available today. The treatments are described below, along with the risks and benefits associated with each. **You can also learn more by visiting [northstarir.com/ufo](http://northstarir.com/ufo).**

Treatment	Symptom Relief	Preserves Uterus	Treats All Fibroids	Permanently Treats Fibroids	No General Anesthesia Required	No Procedure Pain	Short Recovery	Side Effects	Chance of Fertility	Avoids Early Menopause
Pharmaceutical (drug therapy)	Partial symptom relief	✓	✓	✗	✓	✓	✓	Mild	✓	✓
GnRH-a Hormone Therapy	Partial symptom relief	✓	✓	✗	✓	✓	✓	Mild	✓	✗
Endometrial Ablation	Partial symptom relief	✓	✗	✗	✗	✗	✗	Medium	✓	✓
Myomectomy –Hysteroscopic –Laparoscopic, incl robotic –Abdominal	Partial symptom relief	✓	✗	✓	✗	✗	✗	Medium	✓	✓
Hysterectomy –Vaginal –Laparoscopic, incl robotic –Abdominal	Complete symptom relief	✗	✓	✓	✗	✗	✗	High	✗	✗
Radiofrequency Ablation (Uterine Fibroid Ablation)	Partial symptom relief	✓	✗	✓	✗	✓	✓	Mild	Unknown	✓
Uterine Fibroid Embolization	Complete symptom relief	✓	✓	✓	✓	✓	✓	Mild	✓	✓